



Culpeper Cycling Century COVID-19 Safety Guidelines

Culpeper County Parks & Recreation is committed to the safety of our participants, volunteers, and staff. The below guidelines regarding COVID-19 are for the safety of all those involved in the 2020 Culpeper Cycling Century event.

General

- All participants need to adhere to the current published government guidelines.
- If you have a fever or do not feel well, please stay home.
- Maintain proper social distancing.
- Wear a mask or equivalent face covering when in a group.
- Avoid physical contact with other participants.
- Follow directions from event staff, including safety teams and rest stop hosts.

Riding

- Avoid riding with others you do not know.
- Avoid drafting.
- Avoid pace lines or riding in another's slipstream; USA Cycling recommends a distance of 20 ft behind riders.

Rest Stops

- Maintain social distancing.
- Put on your facemask before approaching the reststop tents.
- Remove your gloves and leave them with your bike or put them in your pocket.
- Use hand sanitizer before & after touching water coolers or anything on the tables.